

Mountain Bike the Elgin Valley

Starting Point
Strand
Western Cape Province
South Africa

Last Review: Thursday, 29th August 2024



Your Itinerary and abbreviations:

KM = distance cycled by bike, AM = altitude climbed by bike

You will get collected from your hotel and head towards Elgin, a large apple growing area over the mountain. The bike park has been built by the local winemaker, Pieter Visser, who is an avid mountain biker and this shows with a large percentage of flowing single trail offering sweet downhills and a very interesting way of getting over fences. The two estates offer 3 marked routes and a great trail network to choose from.

Oak Valley: BLUE ROUTE – 14 kilometer family-friendly; RED ROUTE – 22 kilometer route for the stronger riders and a BLACK ROUTE – 32 kilometres for the more advanced.

Paul Cluver: RED ROUTE – 32 kilometres, BLACK ROUTE – 43 kilometres.

The other option is to combine the two properties and make a full day of it. Be advised though that this option is more for the experienced riders with a good fitness level.

Join us and get lost in thought as you cycle through forests of ancient oak trees, beautiful scenery, vineyards, apple, and pear orchards. During the summer months, Paul Cluver hosts concerts in their Hope Amphitheatre, a 600 seater natural Amphitheatre surrounded by eucalyptus trees. The Elgin Valley experience has been described as a 5-star experience and the only of its kind in the Western Cape. You can cycle a total of 70km round trip, one of the longest single track rides in the country.

After your cycle, we do a wine tasting and have lunch on the estate. (Own expense) Drive back to Cape Town and get dropped at your accommodation. **KM = Depends on the route, AM = Depends on the route, W**

Tour Prices (ZAR)

Valid for	Group Size	Per Person	Single Supplement
31st Jan 2020 - 31st Oct 2020	1 - 1	4400.00	0.00
31st Jan 2020 - 31st Oct 2020	2 - 4	2400.00	0.00
31st Jan 2020 - 31st Oct 2020	5 - 8	2300.00	0.00

Tour Schedules

No Fixed Departure Dates for this tour.

DURATION

Half Day (approx 5 hours)

DIFFICULTY LEVEL

Today's cycle is ideal for the adventurous looking for that extra bit of fun.

There are a number of routes for all level of biker, from the family-friendly to the serious single trail ripper.

ROUTE

We use specially built mountain bike parks and single trail, and a mix of farm gravel road

DISTANCES

Anything from 14km to 32km

TERRAIN

Predominantly single trail but also farm roads through the vineyards and orchards and offering spectacular views of the Elgin Valley.

PRICE DOES NOT INCLUDE

- Beverages/ lunch/ personal expenses.
- Service fees and gratuities.

PRICE INCLUDES

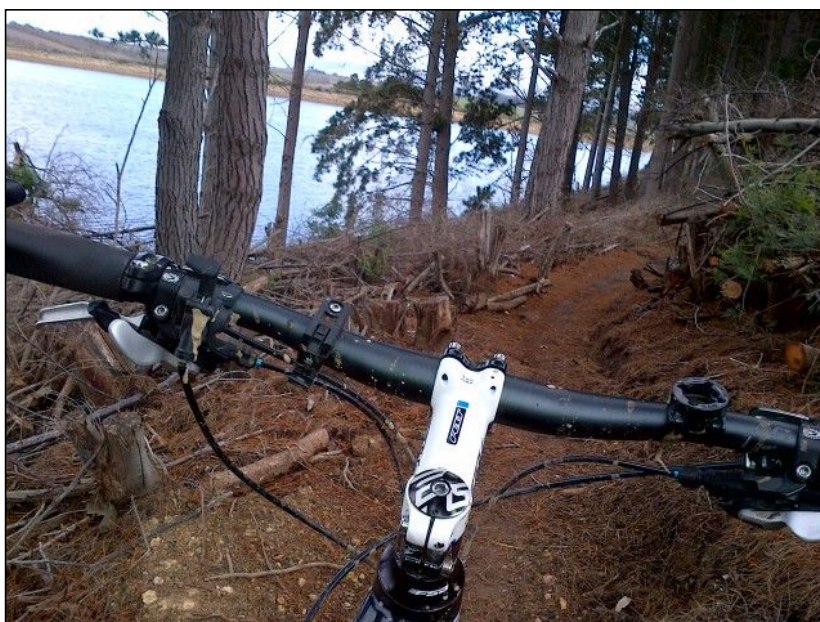
- Transfers in an air conditioned vehicle.
- Hydration during the cycle.
- Isotonic powder.
- Qualified bike guide for the day.
- All entrance fees.
- **Mountain bike hire.** (Hardtail 29er tubeless conversion)

PRICE ON A SLIDING SCALE

Prices are on a sliding scale from **ZAR 2400.00** per person (based on min 2 guests)



Forestry Roads



Hand Built Singletrack



Burms till the cows come home



Up and Over



More Burms :-)



Views for a King



Paul Cluver